

## **Cognitive remediation in schizophrenia: Treatment programs, efficacy and moderators**

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Cognitive remediation in schizophrenia is becoming accepted as a potential resource to improve cognition and accelerate recovery, especially for adjunctive rehabilitation programmes. There are, however, different approaches to cognitive remediation involving the underlying structure, the amount of therapist support, the length of the treatments and the types of individuals who receive this type of treatment. The talk will cover the development of programmes, the reason why the treatment may be important and how effective it might be. Treatment might also be improved by considering factors that affect the benefits as these factors might help to individualise treatment or alternatively could lead to different treatment protocols for different strata in the schizophrenia spectrum.